






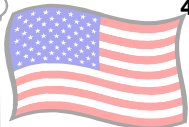
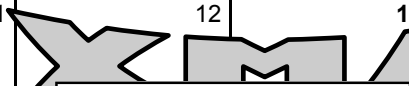
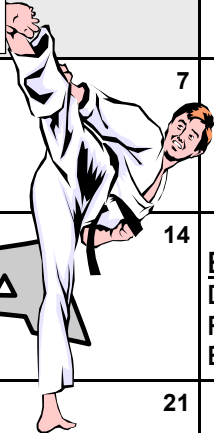


June 2010

Theme: Attitude

Sun	Mon	Tues	Wed	Thu	Fri	Sat
		1	2	3	4	5
	TRAINING WEAPONS: April . 24, 2010 — June 19, 2010 BBC: Single Bahng Mahng Ee; MC: Ssahng Nat BB: By Rank; Leadership: Champion Sparring & Swords			6:30 Champion Sparring	Mr. McFarland's 60th Birthday Sparring Party 7:00 p.m.	8:00 am Pre-Quals (Regular Classes)
ATTITUDE	6	7	8	9	10	11
	Staff Meeting 8:30 pm	STARTS SOON! – SIGN UP TODAY! 		6:30 Champion Sparring	Black Belt Testing Registration Deadline	★ ★
	13	14	15	16	17	18
	Staff Meeting 8:30 pm	6:30 PBBA Early Testing		Deadline—Testing Registration (Regular Fees) 6:30 Champion Sparring	★ ★	
	20	21		22	23	24
New Schedule Begins at PBBA!			Testings @ ATA Gilbert	Worlds' International Testing Top Ten — Weapons	Top 10 Forms, & Sparring Worlds' Opening Ceremonies (Masters' Ceremony)	
27	28	29	30	Top Ten Candidates: Ms. Hedden, Ms. Armstrong, Ms. Quezada		

July 2010

Theme: Goals—Taekwondo

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
				1	2	3	
TRAINING WEAPONS: June 19, 2010—August 14, 2010 BBC: Single Ssahng Jeol Bong MC: Jahng Bong BB: By Rank; Leadership: Sam Dan Bong & Swords						Closed (For Fourth of July)	
	4	5	6	7	8	9	
GOALS (In Taekwondo)	Closed (For Fourth of July Weekend)				7:30 pm Dual-School Sparring Class at ATA Gilbert	8:00 am Pre-Quals	
	11	12	13		14	15	16
	XTREME MARTIAL ARTS & CREATIVE TAKEWONDO!			BB—NOTE! Deadline to Register for BB Testing	7:30 Women's Self-Defense @ PBBA	8:00 am Pre-Quals	★ ★
	18	19	20	21	22	23	24
	Staff Meeting 8:30 pm			Deadline to pre-register for BB Tournament		(No Classes 23 at PBBA only) Regional Black Belt Testing	(Regular Classes) 1:00—7:00 pm Black Belts ONLY Tournament
25	26	27	28	29	30	31	
		Make sure to drink plenty of water!			★ ★	8:00 am Pre-Quals	
BLACK BELT CAMP—Little Rock, AR							

UPCOMING EVENTS

JUNE

Fri., June 4, 2010, 7:00 p.m. - Mr. McFarland is having a **BirthDay "Sparring Party"** — Sixty Rounds of Sparring for his 60th Birthday! **All Teen/Adult Sparrers** from both schools, BE THERE! **You won't want to miss the fun!** It will be an "Dual-School" (ATA BBA Gilbert—Power Black Belt Academy) **Sparring Party!**

Fri., June 18 & Sat. June 19, 2010 - June Belt Testings at PBBA
(Regular classes at ATA Gilbert)

Monday, June 21, 2010—**NEW SCHEDULE BEGINS** at PBBA ONLY

Wed., June 23 & Thurs., June 24, 2010 - June Belt Testings at ATA Gilbert, (Regular Classes at PBBA)

Tues., June 22, 2010 — Sun., June 27, 2010—**WORLD CHAMPOINSHIPS**

Little Rock, Arkansas

- Ms. Hedden Testing for 5th Degree BB, Thursday 6/26/10 at 10:00 a.m.
- Ms. Armstrong Competing in Top Ten Weapons Thurs. 4:00 p.m.
- Ms. Hedden Competing in Top Ten for Taekwondo Forms Friday 11:00 a.m.
- Ms. Armstrong Competing in Top Ten for Sparring, Friday 1:00 p.m.
(Note: Top Ten is the final competition for World Champion!)
- Mrs. McFarland will be inducted as a Mastership at Opening Ceremonies, Friday night, 6/25/10. (Pay-per-view of Opening Ceremonies is available at ataonline.com)

(REGULAR CLASSES ALL WEEK AT PBBA).



JULY

Sat. July 3rd & Mon., July 5th, 2010 - Closed for Fourth of July Weekend.

Friday, July 9, 2010 7:30 p.m. Dual-School Sparring Class at ATA Gilbert. All Teen-Adult Sparrers (from either school) are welcome to come to ATA Gilbert & have some friendly & fun sparring with new partners. (This is going to be an on-going event for our schools.)

Friday, July 16, 2010, 7:30—9:00 p.m. *Women's Self-Defense Class.*
Great discounts when you bring a friends or relatives!

Friday, July 23, 2010, 6:00—9:00 p.m — Regional Black Belt Testing (No regular classes that day.)

Saturday, July 24, 2010, 1:00—7:00 p.m *Black Belts Only Tournament.*
(We will have regular classes that morning.) Black Belts: please register & compete! Our goal is 25 black belt competitors.

Thurs. July 29—Sun. Aug. 1, 2010 Black Belt Camp in Little Rock, AR. McFarlands' Martial Arts Academies students have a great discount rate! Don't miss out on this great opportunity to train with the masters!

NOTICE: Events are subject to improvement & change! Please get the most up to date Newsletter & list of Upcoming Events. For more information check at the office.